

Surviving Outdoor Adventures, ED 593, SUMMER 2016, 3 CREDITS, PASS/NO PASS

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COURSE CONTENT

This course is designed for teachers and other educators interested in teaching cold water safety and survival. It provides teachers with three credits toward re-certification of their Teaching Certificates.

COURSE DESCRIPTION

Surviving Outdoor Adventures earns three 593 credits through UAS Sitka to those successfully completing the course. It teaches content on hypothermia, personal flotation devices, cold water safety and survival, land survival, local food, basic navigation, and ice safety and rescue using activities from AMSEA's K-12 curriculum, *Surviving Outdoor Adventures*. The content of this course covers material from all four volumes of the Surviving Outdoor Adventures curriculum.

Students successfully completing this course will be prepared to teach these topics to their students, and will have created a lesson plan and be certified to teach and use AMSEA resources.

INSTRUCTIONAL METHODOLOGIES

This course includes written material, discussion, participation in activities, lectures, videos, creation of a lesson plan, and skills based assessment.

COURSE SCHEDULE

Course schedule is attached.

EXPECTED OUTCOMES AND ASSESSMENTS

1. Write a lesson plan
2. Do a risk assessment
3. Participate in discussion with fellow students and the instructor on various topics in the course
4. Demonstrate survival techniques in water, including HELP and Huddle position
5. Don and assess fit of PFDs
6. Don and assess fit of immersion suits
7. Demonstrate effective rescue techniques
8. Minimize/control the effects of flooding
9. Demonstrate effective signaling
10. Navigate from point A to B
11. Build a survival shelter

12. Discuss teaching mixed groups

13. Identify 3 local foods

GRADING REQUIREMENTS

This is a Pass/No Pass course. Passing score is 80% overall.

POLICY ON LATE WORK

All work is completed within the week. Any incomplete work will affect overall score in course.

Incomplete grades may be negotiated by students who experience illness, family illness, or overriding circumstances that make completion of the course difficult or impossible. Students who miss a significant amount of time will be encouraged to re-register for the course at a later date rather than take an incomplete grade. External credit courses cannot be dropped.

TEXTS

Surviving Outdoor Adventures Vol. 1-4, written by Alaska Marine Safety Education Association Staff, 2002. This is a K-12 curriculum on outdoor safety and survival. This curriculum is available for purchase from AMSEA at 907-747-3287 or through their website, www.amsea.org. It is also available from Alaska Sea Grant, Dawn Montano, 1-888-789-0090, or online at <http://seagrants.uaf.edu/bookstore/index.html>.

CORE COMPETENCIES

Competency in Communication

Competency in Quantitative Skills

Competency in Information Literacy

Competency in Information Technology

Competency in Professional Behavior

Competency in Critical Thinking

STUDENT WITH DISABILITIES:

The University of Alaska Southeast is committed to providing a working and learning atmosphere that supports our diverse student population. The Americans with Disabilities Act (ADA) of 1990 and Section 504 of the Rehabilitation Act of 1973 prohibit discrimination against any qualified person regardless of his or her disability, and require universities to provide reasonable accommodations to students with disabilities in order to ensure equal access to all academic and co-curricular programs and services. Students with disabilities requesting accommodations should contact the Disabilities Support Services (DSS) Coordinator to obtain forms for requesting accommodations and documentation requirements. Once a determination is made, faculty will be notified of the accommodations established for the student, which they must allow. The nature of all disabilities is held extremely confidential. Students are encouraged to request accommodations prior to the start of the semester, or as soon as possible, to allow time for a formal review and for the accommodations to be put into place. The DSS Coordinator for the UAS Sitka Campus is Christopher Washko, Student Success Center Manager (Rm. 226C), who can be contacted at cmwashko@uas.alaska.edu or (907) 747-7703.

SEXUAL HARASSMENT, SEXUAL VIOLENCE, AND GENDER-BASED DISCRIMINATION POLICY:

The University of Alaska Southeast is committed to providing both employment and educational environments free of harassment or discrimination related to an individual's

race, color, gender, religion, national origin, age, physical or mental disability, veteran status, marital status, pregnancy or parenthood as prohibited by Title IX of the Education Amendments of 1972 and of Title VII (Section 703) of the Civil Rights Act of 1964. University of Alaska Board of Regents policy further includes sexual orientation as a protected class on all UA campuses. These protections are extended not only to university employees, but to students and campus visitors as well.

Title IX specifically prohibits sexual harassment, gender-based discrimination, and sexual violence against any participant in an educational program or activity that receives federal funds. Sexual violence includes attempted or completed rape or sexual assault, as well as sexual harassment, stalking, voyeurism, exhibitionism, verbal or physical sexuality-based threats or abuse, and intimate partner violence. Title IX aims to create educational environments absent all forms of sex discrimination. It addresses university programs, admissions, athletics, sponsored activities and organizations, and student-to-student sexual harassment/violence conducted either on or off-campus. Any person who believes herself or himself (or another member of the university community) to be subjected to such unlawful sexual harassment, violence, discrimination, intimidation and/or exploitation should immediately bring the matter to the attention of the campus Title IX Coordinator, or to any instructor, academic or administrative officer, supervisor, or advisor. These employees are then mandated to forward the complaint confidentially to the campus Title IX Coordinator, who will take prompt actions to investigate all incidents and take necessary actions to immediately stop the unlawful behavior or situation, prevent its reoccurrence, and remedy its effects upon the victims and the university community. The Sitka Campus Title IX Coordinator/Investigator is Christopher Washko, who can be reached at (907) 747-7703.